

A woman with long dark hair and glasses is sitting at a desk, smiling and waving her right hand. She is wearing a light green button-down shirt. In front of her is a laptop, and to her right is a stack of books. A leopard-print bowl is visible on the desk to the left. The background is a plain, light-colored wall.

Welcome to

**hello** maya



## Introduction

Welcome to Hello Maya, where we're dedicated to enhancing mental health and wellness through accessible, innovative, and compassionate care. Our mission is to bridge the gap between individuals seeking mental health support and the skilled therapists who provide it. At Hello Maya, we're building a community that prioritizes mental health, well-being, understanding, and growth for both clients and therapists.

## Our Services

Hello Maya offers a range of mental health and wellness services tailored to meet diverse needs. Our platform facilitates individual therapy sessions, couples/group therapy, specialized workshops, and programs targeting specific areas such as stress, anxiety, depression, trauma, relationships, and personal growth. Our approach emphasizes personalized and compassionate care, drawing on evidence-based practices to ensure the best outcomes for our clients.

# Benefits of Joining Our Team

As a Hello Maya therapist, you'll enjoy numerous benefits:

1

## Reach a Broader Client Base

Expand your practice and connect with clients across geographical boundaries.

2

## Flexible Scheduling

Maintain control over your schedule, balancing professional commitments with personal well-being.

3

## Competitive Compensation

Benefit from a clear, straightforward compensation structure that values your expertise.

4

## Professional Growth

Access ongoing training resources, peer consultation groups, and networking opportunities to foster your development.

# Therapist Support and Resources

Hello Maya is committed to supporting our therapists every step of the way:



## Administrative Assistance

We manage scheduling, billing, and client bookings so you can focus on providing quality care.



## Marketing and Promotion

Benefit from our targeted marketing campaigns designed to highlight your practice and attract clients.



## Comprehensive Platform Training

Receive guidance on maximizing your presence on Hello Maya, enhancing client engagement and satisfaction.

# Fee Structure

We offer a transparent fee structure based on service, and the therapist's qualifications and experience. This model ensures flexibility for therapists to offer their services without long-term commitments, aligning with our mission of accessible mental health support.

## Alberta

### **Non-registered Specialist**

- \$100 plus GST/hour
- 60% split for compensation
- Unlicensed and not covered by insurance

### **Mental Health Therapist**

- Master's level education
- \$125 plus GST/hour
- 60% split for compensation
- Unlicensed and not covered by insurance

### **Canadian Certified Counsellor (CCC)**

- \$155 plus GST/hour
- 60% split for compensation

### **Registered Psychologist (Alberta Only)**

- \$220/hour
- 60% split for compensation

### **Registered Provisional Psychologist (Alberta Only)**

- \$200/hour
- 60% split for compensation

### **Registered Social Worker (MSW) (Alberta Only)**

- \$200/hour
- 60% split for compensation

## **Registered Clinical Social Worker (MSW) (Alberta Only) - extra designation**

- \$220/hour
- 60% split for compensation

## **📍 Ontario**

### **Registered Psychotherapist (Qualifying)**

- \$145/hour

### **Registered Psychotherapist**

- \$165/hour

## **📍 British Columbia**

### **Registered Clinical Counsellor (RCC)**

- \$155





# Client Engagement and Community Building

Our efforts extend beyond individual sessions. Hello Maya actively engages clients and builds a supportive community through:



## Marketing Strategies

Comprehensive campaigns to raise awareness and connect clients with our platform.

## Social Media Presence

A vibrant social media community that fosters connection, support, and engagement.

## Community Outreach

Initiatives designed to educate, inform, and involve the wider community in mental wellness conversations.

# Getting Started with Hello Maya

Joining Hello Maya is straightforward:

## Registration



Complete our online application, showcasing your qualifications and areas of expertise or email [info@hellomaya.ca](mailto:info@hellomaya.ca).

## Profile Setup




Create a compelling profile that highlights your practice, approach, and how you can help potential clients.

## Scheduling



Set your availability based on your preferred schedule, maintaining flexibility and control over your workload.

A woman with long reddish-brown hair is wearing a black headset with a microphone. She is smiling and looking down at a laptop that is open on her lap. She is wearing a dark blue blazer over a white top. The background is a blurred office setting. The text "Frequently Asked Questions" is overlaid in white on the center of the image.

# Frequently Asked Questions

- **How do I become a therapist with Hello Maya?**

To join our team, please complete the online application form on our website or email your resume to [info@hellomaya.ca](mailto:info@hellomaya.ca). You'll need to provide your qualifications, areas of expertise, and a brief description of your therapeutic approach. Our team will review your application and contact you to discuss the next steps.

- **What qualifications do I need to work with Hello Maya?**

We require all of our mental health therapists to have minimum of a Master's level degree in counselling psychology or similar field; and a valid registration in the Province they are licensed to practice in. Proof of degree and registration with a professional regulatory body is required, along with a current criminal record check and professional liability insurance.

- **How does the pay-as-you-go model work for therapists?**

Our pay-as-you-go model allows therapists to be compensated per session without any subscription or membership fees from the therapist's end. The model is designed to provide flexibility and autonomy, enabling you to choose how many sessions you offer based on your availability.

- **Can I set my own rates for the services I offer?**

Hello Maya provides a suggested fee range based on the service type and therapist's qualifications. However, therapists have some flexibility within this range to set rates that reflect their experience and specialization.

- **How does Hello Maya match therapists with clients?**

Clients can search the site and find their match or contact our admin team and schedule a time to review needs, and our admin will recommend a best-match therapist. This ensures a good fit, enhancing the therapeutic process and outcomes

- **What kind of support does Hello Maya offer to its therapists?**

Hello Maya offers comprehensive support, including marketing and client acquisition, scheduling and billing services, and access to a community of peers for professional development and networking. We also provide technical support for using the platform.



- **What types of clients will I be working with?**

Hello Maya serves a diverse clientele seeking support for a wide range of mental health concerns, from stress and anxiety to relationship issues and life transitions. You'll have the opportunity to specify your areas of expertise to attract clients best suited to your practice.

- **How does Hello Maya handle privacy and confidentiality?**

We adhere to strict privacy and confidentiality policies and use the JaneApp, a secure, encrypted platform for all sessions and client communications. Protecting the confidentiality of our therapists and clients is paramount, and we comply with all relevant privacy laws and regulations.

- **How can I learn more or get in touch with questions not covered here?**

If you have further questions or need more information, please don't hesitate to contact us at [info@hellomaya.ca](mailto:info@hellomaya.ca). Our therapist relations team is here to help you navigate the process of joining Hello Maya.

## Contact Information & Next Steps

For therapists interested in joining our community or seeking more information, our therapist relations team is ready to assist.

Contact us to explore this opportunity further.

✉ [info@hellomaya.ca](mailto:info@hellomaya.ca)

🌐 [hellomaya.ca](https://hellomaya.ca)

📞 587-456-0684  
1-866-937-0460

